

Fall Adult Program Guide

September - December 2018

yourlibrary.ca



Richmond
Public Library
www.yourlibrary.ca

The Richmond Public Library is committed to providing informational, educational, and general interest programs.

ALL PROGRAMS REQUIRE REGISTRATION UNLESS DESIGNATED AS DROP-IN IN THEIR TITLE.

SPECIAL EVENTS

DIANNA DAVID: FOLLOW YOUR DREAM AND TRANSFORM YOUR LIFE

Join us for an inspiring presentation by TEDx speaker and award-winning performing artist Dianna David. Dianna fuses hip hop with physical comedy to deliver messages about social change. You won't want to miss this opportunity to see this unique storyteller live!

Sep 16 Sun 11:00am-12:30pm BHB Performance Hall

DEMENTIA-FRIENDLY RICHMOND COMMUNITY FORUM (DROP-IN)

Find out how you can support Richmond becoming a Dementia-Friendly Community. This event will feature guest speakers, community information tables, networking opportunities, and refreshments.

Sep 20 Thu 10:00am-2:00pm BHB Lobby/Launchpad

LITERARY

OCTOBER IS LIBRARY MONTH!

As part of Canadian Library Month, join us for a series of thought-provoking author events in October.

October Author Event: Dietitians at Home

Registered dietitians Amy Yiu, Jo Jo Wang, and Mengdi Xia will talk about their latest cookbook *Dietitians at Home*, give tips on healthy eating, and share their favourite fall recipe. Please note that this talk is in Mandarin.

Oct 2 Tue 6:00-7:30pm BHB Community Place

October Author Event: James McCann

Learn how the popular game of Dungeons and Dragons can make you a better writer. At the end of this workshop with James McCann, you'll have the tools to say goodbye to writer's block and get that novel written.

Oct 3 Wed 4:00-5:00pm BHB Launchpad

October Author Event: Jessie Sutherland

Jessie Sutherland, author of *Worldview Skills:*

Transforming Conflict from the Inside Out, will discuss the skills we can use to address social issues like poverty, the opioid crisis, and affordable housing. Expect an engaging discussion to follow.

Oct 13 Sat 2:30-4:00pm BHB Community Place

October Author Event: Julia Lin and Francis Pringle-Mills

Join Julia Lin, author of *Shadows of the Crimson Sun* and Francis Pringle-Mills, author of *In Harmony with the Tao: A Guided Journey into the Tao Te Ching* as they discuss their latest books.

Oct 25 Thu 7:00-8:30pm BHB Community Place

October Author Event: Nathan Lauster

UBC Sociology professor Dr. Nathan Lauster will share insights on housing affordability and the decline of the single-family home, which he discusses in his book, *The Death and Life of the Single Family House: Lessons from Vancouver on Building a Livable City*.

Oct 27 Sat 2:30-4:00pm BHB Community Place

October Author Event: James Tanaka

Discover the rich history of Japanese-Canadian fishermen in B.C. with James Tanaka, co-author of BC Book Prize-winning story collection, *Changing Tides: Vanishing Voices of Nikkei Fishermen and Their Families*.

Oct 30 Tue 7:00-8:30pm BHB Community Place

BOOK CLUBS

SENIOR MOMENTS BOOK CLUB

A monthly book club for individuals aged 55 and older.

Sep 13 Thu 10:30am-12:00pm BHB Community Place

Oct 11 Thu 10:30am-12:00pm BHB Community Place

Nov 8 Thu 10:30am-12:00pm BHB Community Place

Please note that the information in this guide is subject to change. Please check events calendar for the most up-to-date information and to register online: rpl.yourlibrary.ca/events_calendar. All programs require registration unless designated as drop-in in their title.

BHB

Brighthouse (Main) Branch
100-7700 Minoru Gate
604-231-6413

IWB

Ironwood Branch
8200-11688 Steveston
Hwy
604-231-6468

STB

Steveston Branch
4111 Moncton Street
604-274-2012

CAB

Cambie Branch
150, 11590 Cambie Rd
604-273-2223

HAB

Hamilton Saturday Service
Rotunda of the Hamilton
Community Centre
5140 Smith Dr
604-273-2223 (Cambie)

FOOD FOR THOUGHT BOOK CLUB

This monthly book club discusses books related to sustainable agriculture, local food issues, and food security.

Sep 12 Wed	7:00-8:30pm	BHB Community Place
Oct 10 Wed	7:00-8:30pm	BHB Community Place
Nov 14 Wed	7:00-8:30pm	BHB Community Place

PAGE TURNERS BOOK CLUB

Enjoy a lively book discussion with new friends.

Sep 19 Wed	7:00-8:30pm	BHB Launchpad
Oct 24 Wed	7:00-8:30pm	BHB Launchpad
Nov 21 Wed	7:00-8:30pm	BHB Launchpad

BUSINESS & FINANCE

UNDERSTANDING AND IMPROVING YOUR CREDIT SCORE

Learn about the information that is included in your credit report, how your credit score can affect you, and what you can do to improve your score.

Oct 22 Mon	6:30-8:00pm	BHB Community Place
------------	-------------	---------------------

REAL ESTATE SERIES

A series of presentations for new homeowners, tenants, and landlords.

A Beginner's Guide to Getting a Mortgage

Buying your first home? Learn about different mortgage solutions, necessary documents, and new government regulations.

Sep 24 Mon	6:30-8:00pm	BHB Community Place
------------	-------------	---------------------

Residential Tenancy Matters

Get to know BC tenancy laws and the rights and responsibilities of landlords and tenants in a residential tenancy. In Mandarin with English interpretation.

Nov 22 Thu	6:30-8:30pm	BHB 2 nd Floor Program Room
------------	-------------	--

Becoming a Landlord

This presentation will cover the things you need to know before purchasing a rental property, including how to draft a lease and find good tenants. You will also learn about useful online resources such as Rent It Right.

Nov 24 Sat	10:30am-12:00pm	BHB Community Place
------------	-----------------	---------------------

SMALL BUSINESS WEEK SERIES

A series of presentations and panel discussions aimed at empowering entrepreneurs and small business owners.

Accessing Resources to Better Your Business (Drop-in)

Receive an overview of resources that can help you start or grow your business.

Oct 16 Tue	10:00-11:30am	BHB Community Table
------------	---------------	---------------------

Sales and Marketing for Small Business

Discover the fundamentals of sales and marketing for small business.

Oct 16 Tue	6:30-8:00pm	BHB 2 nd Floor Program Room
------------	-------------	--

Small Business Taxation

Find out more about the basics of small business taxation so that your business can continue to thrive.

Oct 17 Wed	10:00am-12:00pm	BHB 2 nd Floor Program Room
------------	-----------------	--

Business Entrepreneurship Support & Panel Discussion

Learn about starting your own business from a panel of experts that will include successful Richmond business owners.

Oct 18 Thu	6:30-8:30pm	BHB 2 nd Floor Program Room
------------	-------------	--

EMPLOYMENT & EDUCATION

HELP WANTED SERIES

This series of workshops offers guidance for job seekers. Develop the skills you need to succeed in your job search.

LinkedIn & Your Job Search

Sep 5 Wed	7:00 - 8:30pm	BHB 2 nd Floor Program Room
-----------	---------------	--

Nov 7 Wed	7:00 - 8:30pm	BHB 2 nd Floor Program Room
-----------	---------------	--

Resume Writing

Oct 3 Wed	7:00 - 8:30pm	BHB 2 nd Floor Program Room
-----------	---------------	--

Interview Skills

Dec 5 Wed	7:00 - 8:30pm	BHB 2 nd Floor Program Room
-----------	---------------	--

CAREER PATHS FOR SKILLED IMMIGRANTS SERIES

A special series for immigrants and internationally trained professionals. Sessions cover occupation-specific resources and supports to help newcomers move into careers that match their qualifications.

Targeted Resume Writing

Sep 18 Tue	7:00 - 8:30pm	BHB Community Place
------------	---------------	---------------------

Informational Interviews for Job Seekers

Oct 16 Tue	7:00 - 8:30pm	BHB Community Place
------------	---------------	---------------------

Job Interview Types & How to Prepare

Nov 20 Tue	7:00 - 8:30pm	BHB 2 nd Floor Program Room
------------	---------------	--

Please note that the information in this guide is subject to change. Please check events calendar for the most up-to-date information and to register online: rpl.yourlibrary.ca/events_calendar. All programs require registration unless designated as drop-in in their title.

BHB

Brighthouse (Main) Branch
100-7700 Minoru Gate
604-231-6413

IWB

Ironwood Branch
8200-11688 Steveston Hwy
604-231-6468

STB

Steveston Branch
4111 Moncton Street
604-274-2012

CAB

Cambie Branch
150, 11590 Cambie Rd
604-273-2223

HAB

Hamilton Saturday Service
Rotunda of the Hamilton Community Centre
5140 Smith Dr
604-273-2223 (Cambie)

FOREIGN CREDENTIAL RECOGNITION LOAN PROGRAM

Find out more about Foreign Credential Recognition (FCR) and the Foreign Credit Recognition Loan Program.
Oct 15 Mon 5:00-7:00pm BHB Community Place

REGULATED AND NON-REGULATED JOBS IN BC

This workshop will provide information about regulated occupations in Canada, and the process required to obtain licensing or certification in a regulated occupation.
Oct 22 Mon 5:00-7:00pm BHB 2nd Floor Program Room

APPRENTICESHIP PROCESSES AND PATHWAYS

Interested in a career in skilled trades? This workshop will explore the apprenticeship pathways and supports available to BC residents.
Sep 6 Thu 3:00-5:00pm BHB Community Place

THE UNIVERSITY TRANSITION PROGRAM

The University Transition Program is an early university entrance program that helps BC adolescents aged 13-15 achieve early admission to UBC. Find out more about the program, including who can apply and key deadlines.
Sep 23 Sun 2:00-4:00pm BHB Community Place

HEALTH & WELLNESS

LOVE YOUR LIVER SERIES

Liver Disease 101

Learn about causes, prevention and treatment of common liver diseases.
Sep 12 Wed 10:00am-12:00pm BHB 2nd Floor Program Room

Fatty Liver Disease

Receive an overview of causes, prevention and treatment of Fatty Liver Disease.
Sep 19 Wed 10:00am-12:00pm BHB 2nd Floor Program Room

Living with Liver Disease

Receive information about living, coping with and treating your liver condition.
Sep 26 Wed 10:00am-12:00pm BHB 2nd Floor Program Room

BEING HEALTHY SERIES

Medication Management

Discover how to get the full benefit from your medications from a Vancouver Coastal Health Chronic Disease Management Nurse.
Sep 21 Fri 10:00am-12:00pm BHB Community Place

Flu Information Session

Understand the difference between the cold and the flu, and become better informed about immunization.
Oct 19 Fri 10:00am-12:00pm BHB 2nd Floor Program Room

FAMILY CAREGIVER SERIES

This series of workshops will equip caregivers with the skills to better understand dementia, communicate with people living with dementia, plan for the future, and practice self-care. Attendance required at both sessions.
Nov 10 Sat 12:00-4:30pm BHB 2nd Floor Program Room
Nov 17 Sat 12:00-4:30pm BHB 2nd Floor Program Room

ADDICTION: COMMUNITY EDUCATION SERIES

Certificate awarded to participants upon completion of all 5 workshops in the series.

The Nature of Addiction

Are addictions an integral part of the human experience?
Sep 10 Mon 7:00-8:30pm BHB 2nd Floor Program Room

Chemicals in the Body

Learn about how addiction can lead to changes in how the brain works.
Sep 17 Mon 7:00-8:30pm BHB 2nd Floor Program Room

The Recovery Process

What does treatment look like and how might relapse be prevented?
Sep 24 Mon 7:00-8:30pm BHB 2nd Floor Program Room

Helping Others

How to support loved ones struggling with addiction.
Oct 1 Mon 7:00-8:30pm BHB 2nd Floor Program Room

Why Are Drugs Illegal?

Explore a public health approach to drug regulation.
Oct 15 Mon 7:00-8:30pm BHB 2nd Floor Program Room

TEEN PROGRAMS

PUBLIC SPEAKING FOR YOUTH

This workshop will teach you the art of public speaking with clarity and confidence. A facilitator will guide you through the key elements of public speaking, including body language, eye contact, speech patterns and how to keep your audience engaged.
Sep 29 Sat 10:00am-12:00pm BHB Community Place

Please note that the information in this guide is subject to change. Please check events calendar for the most up-to-date information and to register online: rpl.yourlibrary.ca/events_calendar. All programs require registration unless designated as drop-in in their title.

BHB	IWB	STB	CAB	HAB
Brighthouse (Main) Branch 100-7700 Minoru Gate 604-231-6413	Ironwood Branch 8200-11688 Steveston Hwy 604-231-6468	Steveston Branch 4111 Moncton Street 604-274-2012	Cambie Branch 150, 11590 Cambie Rd 604-273-2223	Hamilton Saturday Service Rotunda of the Hamilton Community Centre 5140 Smith Dr 604-273-2223 (Cambie)

GENERAL INTEREST

SFU PHILOSOPHERS' CAFÉ (DROP-IN)

Join us for a series of informal and stimulating facilitated discussions. Please note that this program takes place in the Gillnetter Room at Steveston Community Centre.

Sep 13 Thu 6:30-8:00pm

What does "wilderness" mean to you? Is the explosion in outdoor adventure sports having a positive or detrimental impact on our natural landscapes, parks and wilderness areas?

Oct 11 Thu 6:30-8:00pm

What do you feel is the purpose and role of government? Do we need more government, less government or do we have just the right amount?

Nov 8 Thu 6:30-8:00pm

Are Western beauty norms and the aesthetics of Western art and music healthy or unhealthy, good or bad?

Dec 13 Thu 6:30-8:00pm

Is suffering a necessary component of life? If it were possible, should all suffering be eliminated?

EDUCATION LECTURE SERIES

Innovation in University and College Education

How long has it been since you have been to university or college? Chances are, lectures are not the way you remember them. Join Dr. Carol Pollock, Professor Emerita, to discuss recent innovations in university and college education.

Oct 14 Sun 1:00-3:00pm BHB Community Place

Seamless Transfer: Transferring Course Credits between Institutions

Dr. Carol Pollock will discuss the importance of course credit transfers between post-secondary institutions.

Oct 21 Sun 1:00-3:00pm BHB Community Place

Nostalgia and Memory

Join Dr. David Anderson, a Professor in the field of Museum Education at UBC, as he discusses his insights on how museum objects incite strong nostalgic recollections.

Nov 4 Sun 2:00-3:30pm BHB Community Place

ENVIRONMENT & SUSTAINABILITY SERIES

An Introduction to the Electric Vehicle

Find out more about vehicle charging, various makes and models and the important things to know before purchasing one of these vehicles.

Sep 15 Sat 12:30-2:00pm BHB Community Place

Electricity from the Sun

Learn how sunlight can be converted into electricity and how you can make a solar panel using common household items.

Sep 22 Sat 1:00-3:00pm BHB Community Place

KNITTING & CROCHETING SERIES

Crochet 101

Learn how to crochet in this beginner workshop. Bring your own 4 or 5mm crochet needle.

Sep 15 Sat 2:30 - 4:00pm BHB Community Place

Nov 17 Sat 2:30 - 4:00pm BHB Community Place

Loom Knitting 101

Learn basic loom knitting, an accessible way to learn how to knit. Bring your own loom.

Oct 20 Sat 2:30 - 4:00pm BHB Community Place

Dec 15 Sat 2:30 - 4:00pm BHB Community Place

Knit for Charity

This workshop welcomes knitters of all skill levels to join the knitting community and make toques for local charities. Supplies provided.

Sep 15 Sat 11:30 - 2:00pm BHB 2nd Floor Lounge

Oct 20 Sat 11:30 - 2:00pm BHB Community Place

Nov 17 Sat 11:30 - 2:00pm BHB Living Room

HOW TO PLAN A CRUISE

Contemplating taking a cruise? This presentation will guide you through some commonly-asked questions, such as how to choose the right itinerary, destination, and cruise line, as well as what to pack and how to plan and reserve shore excursions.

Sep 14 Fri 7:00-8:30pm BHB Community Place

BOARD AT THE LIBRARY (DROP-IN)

Join us for an evening of board games at the library. Bring your own games, or play our featured game. Players of all ages and levels are welcome.

Sep 12 Wed 7:00 - 9:00pm BHB 101 Space

Sep 26 Wed 7:00- 9:00pm BHB 101 Space

Oct 10 Wed 7:00 -9:00pm BHB 101 Space

Oct 24 Wed 7:00- 9:00pm BHB 101 Space

Nov 14 Wed 7:00 -9:00pm BHB 101 Space

Nov 28 Wed 7:00 -9:00pm BHB 101 Space

Dec 12 Wed 7:00 -9:00pm BHB 101 Space

Please note that the information in this guide is subject to change. Please check events calendar for the most up-to-date information and to register online: rpl.yourlibrary.ca/events_calendar. All programs require registration unless designated as drop-in in their title.

BHB

Brighthouse (Main) Branch

100-7700 Minoru Gate
604-231-6413

IWB

Ironwood Branch

8200-11688 Steveston
Hwy
604-231-6468

STB

Steveston Branch

4111 Moncton Street
604-274-2012

CAB

Cambie Branch

150, 11590 Cambie Rd
604-273-2223

HAB

Hamilton Saturday Service

Rotunda of the Hamilton
Community Centre
5140 Smith Dr
604-273-2223 (Cambie)

MULTILINGUAL PROGRAMS

PHILOSOPHER'S CAFÉ IN RUSSIAN (DROP-IN)

Discuss a variety of topics relating to culture, arts, literature and politics in Russian.

Sep 20 Thu 7:00-9:00pm BHB Community Place
Feminism and the struggle against sexual harassment

Oct 18 Thu 7:00-9:00pm BHB Community Place
The progress of Artificial Intelligence

Nov 15 Thu 7:00-9:00pm BHB Community Place
How are math and music represented in pictorial art?

Dec 20 Thu 7:00 - 9:00pm BHB Community Place
Is our brain working for us or are we working for our brains? Who is leading?

MANDARIN, CANTONESE, AND ENGLISH LANGUAGE EXCHANGE CLUB (DROP-IN, ALL LEVELS)

In this community club, participants act as both students and teachers. You will have an opportunity to teach others your native tongue, while learning a second language from them.

Wed (Sep 5-Dec 19) 6:30 - 7:30pm BHB Special
Collections Room

CHINESE ART TUTORIAL (DROP-IN)

Receive advice from experienced Chinese painting and calligraphy artists. Demonstrations are in English and Mandarin.

Sep 9 Sun 2:00- 4:00pm BHB 101 Space

Oct 14 Sun 2:00-4:00pm BHB 101 Space

Nov 11 Sun 2:00- 4:00pm BHB 101 Space

Dec 9 Sun 2:00-4:00pm BHB 101 Space

NEWCOMERS & LANGUAGE LEARNING

CITIZENSHIP TEST PREPARATION SERIES

This workshop series will guide you through the Discover Canada book (provided), with information about citizenship test practices, interview skills and questions.

Fri (Nov 9-30)

10:00am -12:00pm BHB 2nd Floor Program Room

PUBLIC SPEAKING AND ACCENT REDUCTION FOR NEWCOMERS

Do you want to feel confident when you speak? Give yourself a boost with this workshop, which will use a variety of interactive pronunciation and listening exercises to help you become a better communicator.

Oct 2 Tues 10:00am-12:00pm BHB Community Place

JOB TALK ENGLISH CIRCLE (DROP-IN, BEGINNER/INTERMEDIATE)

Improve your English listening and speaking skills, and learn language tips that will help you with your job search. Each session will include a presentation and practice time.

Series 1

Mon (Sep 17-Oct 22, No session Oct 8)

10:30am -12:00pm 2nd Floor Program Room

Series 2

Mon (Nov 5-Dec 10, No session Nov 12)

10:30am -12:00pm 2nd Floor Program Room

FRIENDSHIP CORNER (DROP-IN, ALL LEVELS)

Practice your English in conversation with others, meet new friends and learn together.

Sun (Sep 2-Dec 16, No session Nov 11)

10:30am - 12:00pm BHB Community Place

ENGLISH CORNER (INTERMEDIATE/ADVANCED)

Practice your English in conversation with others. Suitable for ESL Level 5 and up or CLB Level 5.

Mon (Sep 17 – Dec 10)

1:00-3:00pm BHB Community Place

ESL BOOK CLUB (INTERMEDIATE/ADVANCED)

Read and discuss books with other ESL learners. Suitable for intermediate to advanced ESL learners. Pick up books at the 2nd floor Information Desk.

Sep 26 Wed 2:00-4:30pm BHB Community Place

Oct 24 Wed 2:00-4:30pm BHB Community Place

Nov 28 Wed 2:00-4:30pm BHB Community Place

EVERYDAY ENGLISH - EXPLORE PRONUNCIATOR (BEGINNER)

Improve your English speaking and listening skills and learn common phrases for daily activities such as banking, shopping, and taking transit. Registration is required for the full series.

Series 1

Tue & Thu (Sep 18-Oct 11, No session Sep 20)

1:00 -2:30pm BHB Launchpad

Series 2

Tue & Thu (Oct 30-Nov 22)

1:00 -2:30pm BHB Launchpad

Please note that the information in this guide is subject to change. Please check events calendar for the most up-to-date information and to register online: rpl.yourlibrary.ca/events_calendar. All programs require registration unless designated as drop-in in their title.

BHB

Brighthouse (Main) Branch

100-7700 Minoru Gate
604-231-6413

IWB

Ironwood Branch

8200-11688 Steveston
Hwy
604-231-6468

STB

Steveston Branch

4111 Moncton Street
604-274-2012

CAB

Cambie Branch

150, 11590 Cambie Rd
604-273-2223

HAB

Hamilton Saturday Service

Rotunda of the Hamilton
Community Centre
5140 Smith Dr
604-273-2223 (Cambie)